

SCM II Severní Čechy
Skupina C

<p>21.10.2018 <u>Odpoledne, 135'</u> R : 800lib, 8x 300 (75 M,Z,P +100 K +125 HS) i 20", 400 HS cv., 10 x 150 (100 N HS + 50 HS) i 20",100v, 20x 50 K hypox. s 50" Vypl.700 (200 HS 4, 300 pl, 200PZ)</p>	<p style="text-align: right;">6900</p>
<p>22.10.2018 <u>Ráno, 120'</u> 300K PTV + 8x50Z i 10" rz 3x(5x25M+75K) se startem á 45" 3x(200N + 4x50 R Z,P,K á 1') 300 Z PTV 2x6x200 1.(K,K,PZ,K,K,PZ), 100x 2.)(K,PZ,K,PZ,K,PZ), K á 2'45'' - 3,' PZ á 3' - 3'15'' 100x, 6x50 (25hypo+25x) 20x25Z á 30" + 200lib vp</p>	<p><u>Odpoledne, 105'</u> 2x(100Z+150K+50P) rz 8x75(SuperObr.+20MAX+vol. do 75m) i 20" 12x50 (25M+25Z, 50Z, 50K, 25Z+25P,..) á 1' 7x100NK á 2'30'' 100x, 300(25scull+25x) 40x50 (10xK á 50"; 10xK PAC á 50", 10x(1) á 1', 10xK PTV) á 45" 4x100 (25PR+KN,25Zsoupaž,25K,25Z) i 10"</p> <p style="text-align: right;">6400 5300</p>
<p>23.10.2018 <u>Ráno, 120'</u> 300Z PTV+8x50K hypo 5 i 10" 9x75 (25M+50Z,P,K), 25x 8x50M vlnění(břicho,záda,L+Pbok) i 20" 300TC(1),300R,4x50(35+15x),200lib 5x100(1) á 6' 400PZ TC PTV+300K šn+200P PAC+100lib 400K superobr., 300VP lib</p>	<p><u>Odpoledne, 120'</u> R : 600, 12x 50 (25 K + 25PZ střidat) s 1' 200 NP cv., 200 NK cv.,200 NPZ, 200 NHS 8x 50 HS p, s 1', 8x 50N HS s 1', 1v, 8x 100 HS pl (mimo K), 100 v, 6x 50 HS,, 300 HS, 3x 100 N HS s 1', 4:30, 2', 100v 6x 50 PZ s 1' Vypl. 300</p> <p style="text-align: right;">5000 5300</p>
<p>24.10.2018 <u>Ráno, 90'</u> 200K,200P,200Z 8x100PZ á 1'50'' vždy jiné N 25+50+75+100+125+150+125+100+75+50+25 6x(25scull+25x) 8x250(100TC+100+50N) (1) 12x50P,Z á 1'; 200VP</p>	<p><u>Odpoledne, 95'</u> 500(300PTV+200x)rz 8x100r(100P;75P+25K;50P+50K;25P+75K;..) á 2' 1000(300Z,6x50scull,4x100N i 20'') 5x100 á 1'30'', 5x100 á 1'25'', 500K, 5x100 á 1'20'' 200x,2x200PZ jiné N 20x25PZ á 30'' 50MAX se startem, 300vp</p> <p style="text-align: right;">5200 5750</p>

<p>25.10.2018 <u>Ráno, 100'</u> 300PTV+3x100MN+300x nácvik P obrátek 10' 8x50(superobr.+20NMAX+30vol) á 1'15'' 3x400 (1.R,2.25N+25,3.25M+25K) i 30'' 100x 8x200(M,PZ,Z,PZ,P,PZ,K,PZ) i 30'' 800(50K,50Z)</p> <p style="text-align: right;">5000</p>	<p><u>Odpoledne, 90'</u> 500rz 20x50K á 50'' PTV 3x200N(1) á 4' 300TC,3x100(25(1)MAX+75K) 6x100(1) á 3'(100,2x50,4x25),400PZ tc PTV 4x50 i 15", 200vol. 3x50 PTV á 3', 300vp</p> <p style="text-align: right;">4550</p>
<p>26.10.2018 <u>Ráno, 100'</u> 300PTV+200x 8x50(M,MZ,Z,..)á1 4x(200(1)+4x50PZ)/1.PAC,2.N,3.R,4.PTV 6x75(25PR+KN;25h.n.v.;25P)+50x 800+400+300+200+100K i30'' 300vp(3z. Zsoupaž,6z. Z)</p> <p style="text-align: right;">5100</p>	<p><u>Odpoledne, 120'</u> 300PTV+200x 12x25N á 35'' 8x(50K á 50''+75(1) á 1'30''), 100x 6x(25p.v.+25Z+25N(1)+25x) 400TC 3x(100PZ á 2',8x25K á30'', 4x50(1) á 1'10'') mezi 200x 500vp PTV (200Pz xyN, 300lib.)</p> <p style="text-align: right;">5500</p>
<p>27.10.2018 <u>Ráno, 90', společný</u> R : 600, 400 VZ F, 4x 100 N PZ,HS, 4x 100p VZ packy, 4x (obrátko + 20 + 30v), 100v, 4x (obrátko + 25 + 25 v), 100v 4x (obrátko + 35 + 15 v), 100v 8x (50 HS + 100 VZ hypox.+ 50 HS cv.) ploutve s 4' Štafety, vláček Vypl.</p> <p style="text-align: right;">4500</p>	

Celkem: **59000 m**